

MARY A. FISHER, CMHC

Mary Fisher Psychotherapy, PLLC
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EDUCATION & CREDENTIALS

Clinical Mental Health Counselor (CMHC) (November 2012 - present)
Department of Professional Licensing, State of Utah

Associate Clinical Mental Health Counselor (ACMHC) (June 2006 – June 2013)
Department of Professional Licensing, State of Utah

Certified Reliable Coder *Adult Attachment Interview (June 2009)*
University of California, Berkeley
Reliability testing: Mary Main, Ph.D., Eric Hesse, Ph.D., & Naomi
Gribneau-Bahm, Ph.D.

M.A. ***Community Counseling (May 2005, ACA Accredited)***
Gonzaga University (Spokane, WA)
Cumulative grade point average: 3.99

B.A. ***Psychology (May 2003)***
University of Utah (Salt Lake City, UT)
Dean's List 2001

CLINICAL EXPERIENCE

Private Practice (September 2013 – present)

- Psychotherapy, sex therapy, personality and attachment assessment with individuals, couples, families, including infant-parent dyads, adolescents, adults, and geriatrics. Focus on long-term treatment of personality disorders, LGBTQ couples, mixed faith couples, nontraditional relationships, sexual issues.

Psychotherapist

(November 2012 – September 2013)

Center for Human Potential

- Psychotherapy, assessment, EAP with children, adolescents, adults couples, individuals), geriatrics, skilled nursing facilities.

PUBLICATIONS & PRESENTATIONS

Fisher, M. & Fisher, A. (2017). Sexual Dysfunctions in Couple and Family Therapy. In *Encyclopedia of Couple and Family Therapy*, New York City, NY: Springer.

Fisher, M. (2017). Adult Attachment Interview. In *Encyclopedia of Couple and Family Therapy*, New York City, NY: Springer.

Fisher, M. (2016). John Bowlby. In *Encyclopedia of Couple and Family Therapy*, New York City, NY: Springer. Manuscript in preparation.

Fisher, A. & Fisher, M. (2017). Alfred Kinsey. In *Encyclopedia of Couple and Family Therapy*, New York City, NY: Springer.

Fisher, M. (2016). Treating polyamorous and consensually non-monogamous patients. Presented at the Association for Women in Psychology inservice, Salt Lake City, UT.

Fisher, M. (2016). Becoming a Kink-Aware Therapist. Presented at the American Association for Sexuality Educators, Counselors, and Therapists, Meet & Greet, Utah chapter, Salt Lake City, Utah.

Fisher, A. & Fisher, M. (2016, April). Attachment and quality of life among consensually non-monogamous individuals. Presented at the Society for Sex Therapy and Research, Chicago, Illinois.

Fisher, M. & Fehlberg, A. (2016, March). Mixed orientation marriage: Clinical and ethical challenges. Presented at the LGBTQ-Affirmative Therapists Guild, Salt Lake City, Utah.

Fisher, M. (2016, February). Treating polyamorous and consensually non-monogamous patients. Presented at Women in Private Practice, Salt Lake City, Utah.

Fisher, A. & Fisher, M. (2015, August). The other poly: Navigating consensual non-monogamy. Sunstone Symposium, Salt Lake City, Utah.

Fehlberg, A., Fisher, M. (2015, March). Why Stay? Gay Individuals in Heterosexual Relationships, presented at Generations, Salt Lake City, Utah.

- Fisher, M. (2014, May). Emotionally Focused Therapy for Same-Sex Couples. Presented at LGBTQ-Affirmative Therapists Guild, Salt Lake City, Utah.
- Fisher, A. & Fisher, M. (2013). Sharing vulnerability after a change in beliefs. Sunstone, March, 170, 14-17.
- Fisher, A. & Fisher, M. (2012, July). When One Spouse Experiences a Change in Beliefs: Strengthening Your Marriage through Shared Vulnerability. Presented at the Sunstone Symposium, Salt Lake City, Utah.
- Fisher, M., Florsheim, & P., Sheetz, J. (2005). That's not *my* problem: Convergence and divergence between self and other identified problems among homeless adolescents. Child and Youth Care Forum, 34, 6, 406-419.
- Bennett, E., & Fisher, M. (2005, April). Hardiness and depression: Implications for counselors. Presented at the Annual Convention of the American Counseling Association, Atlanta, Georgia.
- Fisher, M. & Bennett, E. (2004, October). Hardiness and depression: Implications for counselors. Presented at the Annual Convention of the Washington Counseling Association, Spokane, Washington.
- Minchala, V., Bennett, E., & Fisher, M. (2004, October). Counseling and domestic violence in same-sex relationships. Presented at the Annual Convention of the Washington Counseling Association, Spokane, Washington.
- Fisher, M., Florsheim, P., Sheetz, J., Burkett, M., McAllister, M., & Wood, M. (2002, March). Coping and Help-Seeking Behaviors among Homeless Youth. Poster session presented at the annual meeting of the Rocky Mountain Psychological Association, Utah.

SUPERVISED CLINICAL EXPERIENCE

Psychotherapist

(June 2011 – November 2012)

Center for Human Potential

- Psychotherapy and assessment with children, adolescents, adults (couples and individuals), and geriatrics.

Supervisor: C. Brendan Hallett, Psy.D.

Graduate Student Therapist

(August 2010 – May 2011)

The Children's Center, Salt Lake City, Utah

- Culturally sensitive psychotherapy and assessment with young children, parents, and families. Training in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) and Child-Parent Psychotherapy (CPP).

- Clients who have experienced trauma, parent-child relational problems, pervasive developmental disorders, attachment disorder
- Supervisor: Douglas Goldsmith, Ph.D.

Graduate Therapist (Fall 2007 – Fall 2008)

Interpersonal Reconstructive Therapy Clinic, University Neuropsychiatric Institute

- Individual psychotherapy and assessment
- Clients: clients with multiple morbidity, repeated hospitalization, and suicidality

Supervisors: Lorna Smith Benjamin, Ph.D.

Ken Critchfield, Ph.D.

Therapist & Case Manager (February 2007 – August 2008)

Young Parenthood Program (YPP), Department of Psychology, University of Utah

- Clinical intake, couples' therapy, referral, and research support
- Clients: Pregnant and parenting adolescents from diverse backgrounds

Supervisor: Lisa Mountain, Ph.D.

Therapist (May 2006 – August 2008)

Adolescent Development Outreach Project (ADOP), Department of Psychology, University of Utah

- Clinical intake, individual psychotherapy
- Clients: Low income adolescents

Supervisors: Paul Florsheim, Ph.D.

Lisa Mountain, Ph.D.

Practicum Counselor (September 2006 – May 2007)

University Counseling Center, University of Utah

- Clinical intake, assessment, referral, and individual counseling
- Clients: Students, faculty, and employees of the University of Utah

Supervisors: Susan Morrow, Ph.D.

Carla Reyes, Ph.D.

Therapist (September 2005 – August 2006)

Young Parenthood Program (YPP), Department of Psychology, University of Utah

- Couples' therapy
- Clients: pregnant and parenting adolescents from diverse backgrounds

Supervisors: Paul Florsheim, Ph.D.

Lisa Mountain, Ph.D.

Counselor Intern (September 2004 – May 2005)

Catholic Charities Counseling, Spokane, WA

- Clinical intake, individual, couples', and family counseling
- Clients: Adults diagnosed with psychiatric disorders

Supervisor: Pam Brown, LMFT

TEACHING EXPERIENCES

Guest speaker (October 2016)

Human Sexuality. Instructor: Molly Butterworth, Ph.D.

Department of Psychology, University of Utah

Presentation: Becoming a Sex Therapist

Guest speaker (June 2016)

Human Sexuality in Clinical Practice. Instructor: Kristin Hodson, LCSW

Department of Social Work, University of Utah

Presentation: Becoming a Kink-Aware Therapist

Adjunct Professor (June 2006 – May 2009, August 2012 – December 2013)

Department of Psychology, Salt Lake Community College

Courses: General Psychology (Psychology 1010), Human Growth and Development (Psychology 1100)

- Full responsibilities: administration of lectures, grading assignments, assignment of course grades

Supervisor: Larry Christensen

Adjunct Professor (January 2011 – May 2011)

Department of Psychology, Westminster College

Courses: Methods of Counseling (PSY 405)

Lifespan Developmental Psychology (PSY 303)

- Full responsibilities: administration of lectures, developing class material & curricula, grading assignments, assignment of course grades.

Supervisor: Colleen Sandor, Ph.D.

Teaching Assistant (August 2008 – May 2010)

Department of Psychology, University of Utah

Course: Introductory Psychology (Psychology 1010)

- Assisting professor and guest lecturers with audio-visual matters, answering student questions, proofing exams, and responsibility for two lectures

Supervisor: Sean Meegan, Ph.D.

College Success Instructor (August 2005-May 2007)

Department of Educational Psychology, University of Utah

Course: Strategies for College Success (Educational Psychology 2600)

- Full responsibilities: administration of lectures, grading assignments, assignment of course grades
- Supervisor: Tina Hatch

OTHER PROFESSIONAL SERVICE

Research Assistant (May 2006 – May 2007)

Department of Social Work, University of Utah, Salt Lake City, UT

- Adult Attachment Interviews with adolescent refugees
- Recruitment of participants
- Clinical referrals

Supervisor: Joanna Bettman, Ph.D.

Crisis Telephonist (February 2004 – April 2005)

Spokane Mental Health, Spokane, WA

- Telephone triage with suicidal, homicidal, mentally ill, and distraught individuals
- Referrals for local and statewide assistance.

Supervisor: Nancy Linerud, M.S.W.

Graduate Assistant (September 2003 – May 2005)

Department of Counselor Education, Gonzaga University, Spokane, WA

- Assist accreditation preparation, manage program libraries and AV equipment, assist students and adjunct faculty.

Supervisor: Paul Hastings, Ph.D.

Clinical Intern (August 1999 – January 2001)

Utah AIDS Foundation, Salt Lake City, UT

- Co-facilitator, support group for women with HIV/AIDS
- HIV test counseling, interim supervisor for HIV test site
- Supervised volunteer client support program

Supervisor: Doug Brunker, LCSW

Hotline Crisis Counselor (April 1998 – May 2000)

Rape Recovery Center, Salt Lake City, UT

- Crisis telephone counseling to victims of sexual assault
- Referrals

Supervisor: Amy Alleman

Doula (January 1994 – August 2000)

Private practice, Salt Lake City, UT

- Information and advocacy
- Childbirth coaching, support, and advocacy
- Postpartum support

Midwife (January 1994 – August 2000)

Private practice, Salt Lake City, UT

- Prenatal, labor and delivery, and postpartum care for low-risk mothers.

OTHER TRAINING

Out of Control Sexual Behavior - Treatment Interventions Part I (June 2017). Douglas Braun Harvey & Michael Vigorito, American Association for Sexuality Educators, Counselors and Therapists, Annual Conference, Las Vegas, Nevada

Out of Control Sexual Behavior - Treatment Interventions Part II (June 2017). Douglas Braun Harvey & Michael Vigorito, American Association for Sexuality Educators, Counselors and Therapists, Annual Conference, Las Vegas, Nevada

Sex Therapy 101 (June 2017). Gretchen Fincke, LCSW & Francie Stone, PsyD, American Association for Sexuality Educators, Counselors and Therapists, Annual Conference, Las Vegas, Nevada

Challenging the Sex Addiction Model in Working with Problem Behavior (April 2016) Lawrence Siegel & Richard Siegel, Mormon Mental Health Association, Salt Lake City, Utah

Beyond Porn Addiction: Practical Ways to Approach Porn-Related Problems (May 2016) David Ley, The Healing Group, Salt Lake City, Utah.

Sexual Addictions: Diagnosis and Treatment of Hypersexual Conditions from an Integrative/Analytic Perspective (December 2014) Chris Kraft, Ph.D., International Psychotherapy Institute

Emotion Focused Therapy Core Skills 4/4 (November 2012) Scott Woolley, Ph.D.

Emotion Focused Therapy Core Skills 3/4 (August 2012) Rebecca Jorgenson, Ph.D.

Emotion Focused Therapy Core Skills 2/4 (June 2012) Scott Woolley, Ph.D.

Emotion Focused Therapy Core Skills 1/4 (March 2012) Rebecca Jorgenson, Ph.D.

Emotion Focused Therapy Externship (October 2011) Rebecca Jorgenson, Ph.D. & Scott Woolley, Ph.D.

Psychoanalytic Treatment of Children and Adolescents (Oct 2007 – March 2008)

Janine Wanlass, Ph.D.,
International Psychotherapy Institute: Salt Lake City Chapter

Adult Attachment Interview Institute (February 2007)

Sonja Gojman de Milan, Ph.D., San Diego, California

Strange Situation Coding Training (June 2004)

Alan Sroufe, Ph.D., University of Minnesota

Marital Therapy: A Research Based Approach (March 2004)

John Gottman, Ph.D., The Gottman Institute, Seattle, WA

CONFERENCES ATTENDED

American Association of Sexuality Educators, Counselors, and Therapists (2017)

Las Vegas, NV

Society for Sex Therapy & Research (2016) Chicago, Illinois – Sex Therapy Skills for the Practicing Clinician, with various instructors

American Association of Sexuality Educators, Counselors, and Therapists (2015)

Minneapolis, MN – Sexual Attitudes Reassessment Experience with Jose Nanin, Ed.D.

Bridging the Gap (2011)

The Children's Center – Attachment theory in research and clinical work

Adult Attachment Interview in Clinical Context (March 2008)

UCLA Lifespan Learning

Bridging the Gap (2007)

The Children's Center – Attachment theory in research and clinical work

Bridging the Gap (2006)

The Children's Center – Attachment theory in research and clinical work

ORGANIZATIONAL AFFILIATION

American Association for Sexuality Educators, Counselors, and Therapists

	(2015 – present)
<i>American Counseling Association</i>	(2013 - present)
<i>The LGBTQ-Affirmative Therapist Guild of Utah</i>	(2012 – present)
<i>International Centre for Excellence in Emotion Focused Therapy</i>	(2012 - 2015)
<i>Society for Emotion and Attachment Studies</i>	(2014 – 2015)
<i>American Psychological Association</i>	Student affiliate (2001 – 2011)
<i>American Counseling Association</i>	Student member (2003 – 2005)